NORTH-AIR-WINTER-Eagle & Bear

What Divine Message Do I Need to Hear?
- Spiritual Connection
- Reflection
- Guides/Ancestors/Angels
- Renewal
- Meditation
- Life Force
- Spiritual Guidance & Support
- Personal Truth
- Inner Peace

WEST-WATER-FALL-Snake

What Am I Ready to Release?
- Setting Sun
- Surrender
- Letting Go
- Flexibility
- Adaptability
- Closing Chapters
- Release
- Forgiveness

EAST-FIRE-SPRING-Butterfly

What Seeds Am I Planting?
- Rising Sun
- New Beginnings
- Taking Action
- Planting Seeds
- Passion
- Courage
- Focused Energy
- Commitment

SOUTH-EARTH-SUMMER-Hummingbird & Coyote

What Am I Grateful For?
- Celebration
- Harvest
- Gratitude
- Sharing
- Abundance
- Playfullness
- Community
- Mother Earth
- Joy
- Radiance
- Vitality
- Thriving

Balance